

# Online Course



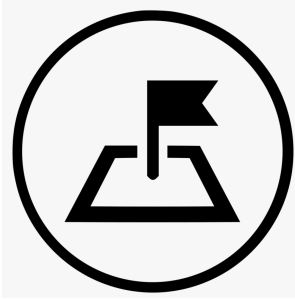
أفاق للتطوير القيادي ذ.م.م  
AFAQ For Leadership Development L.L.C

## Self-Development Skills



### Introduction

Most of us have things we want to achieve in both our personal and professional lives. Achieving these goals generally requires some level of growth and development.



### Aim

In this course, we will discuss how to identify your learning and development needs and take charge of your own learning and development.



### Topics / Chapters

- What is personal learning and Self-Development?
- Identify aspects of personal learning and Self-Development
- Personal Development and Self-Development